

CALLING ALL STUDENT ATHLETES

SCAN TO GET STARTED

STUDENT ATHLETE WELLNESS PORTAL



OR GO TO

WWW.KIOSYNC.ORG/SAWP.HTML

- New, streamlined design makes it easier than ever to use.
- Take 12 minutes to make \$50 ... and help fellow high school student athletes.
- Easy to use. All high school student athletes are invited to participate.
- If you are 18 or older, you can go directly into the program.
- If under 18, parent will need to give permission in an easy-to-use program.
- Complete it on a desktop, tablet or Smartphone – Its easy to do.
- All information is confidential.
- Sponsored by the US National Institutes of Health.
- Limited to the first 100 respondents so act quickly while slots still last.

STUDENT ATHLETE WELLNESS PORTAL

WAYS TO STAY HEALTHY



This module will cover ways to stay healthy and resist opioid misuse through the following strategies:

EXPLAIN . . .

how you feel, if necessary, to your coach or fellow players. Trust yourself. You know your own body and its limits.

AVOID . . .

misuse by asking questions to your doctor, your athletic trainer, your pharmacist, or whoever might be helping you with your injury.

**RECEIVE A \$50
GIFT CARD!**



WAYS TO STAY HEALTHY



**LEARN ABOUT INJURY MANAGEMENT
THROUGH WELLNESS PORTAL VIDEOS**

